

# Performance Plus Plan Updates!

## Control Is The Goal - Diabetes Program

Teacher's Health Trust (THT) is proud to announce it has launched its new diabetes management program for all Teacher's Health Trust members beginning February 1st in partnership with WellHealth Quality Care. The diabetic program, called Control Is The Goal will help all THT members with diabetes to manage their illness both through remote monitoring systems and discounted supplies and medication.

Those THT members with diabetes or at high risk for diabetes have been pre-qualified for enrollment into the Control Is The Goal. At this time, all diabetic-identified members have been pre-enrolled and will be able to access all the benefits of this program; however, they must complete enrollment. To do this, please fill out and return the attached enrollment form by email to [ControlIsTheGoal@wellhealthqc.com](mailto:ControlIsTheGoal@wellhealthqc.com) There are no other qualifications at this time to be accepted into this program.

In the future, THT together with WellHealth will be developing more advanced methods to help you manage your diabetes. This will include remote monitoring tools to keep you healthy and provide you with personalized instruction based on your individualized blood sugar trends. Our ultimate goal is to keep you healthy and happy!

**Recognizing the extremely high out-of-pocket cost for diabetic medications and supplies, the Control Is The Goal Program offers the following benefits at no cost for enrolled members:**

- Glucometer (limit 1 per member/per year)
- Test strips, Lancets, Syringes, and Needles
- Educational resources covering the basics of diabetes care to more advanced instruction
- A \$100 maximum per prescription, per month, on out-of-pocket expenses for identified formulary diabetic medications (Drug List available on the Teachers Health Trust website)

More information regarding how you will be able to access these supplies and benefits will be communicated to you in the coming weeks. If you have any questions or concerns, please feel free to reach out at any time to our Healthcare Advocate team at (855) 404-9355 or [ControlIsTheGoal@wellhealthqc.com](mailto:ControlIsTheGoal@wellhealthqc.com)



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