



# Tidbits

## Teachers Health Trust, Performance Plus Plan Updates

### **PREAUTHORIZATION CHANGES AND ADDITIONS:**

Additions to the 2016 prior authorization list include Endoscopy, Hernia Surgery, Air Ambulance, Infusion, Perinatology, and Cardiolite SPECT Nuclear Studies. Cardiology procedures including SPECT, CT, and PET will require additional documentation. Prior authorization is now administered by WellHealth. You may email at [authorizations@wellhealthqc.com](mailto:authorizations@wellhealthqc.com) or call: **(702) 832 4658 | (844) 586 2244** or fax at: **(702) 847 7690 | (562) 506 0304**

For the complete list of services requiring prior authorization please visit the Teachers Health Trust website at [www.teachershealthtrust.org](http://www.teachershealthtrust.org) and click under benefits.

### **RADIOLOGY PROCEDURE POLICY:**

Steinberg Diagnostic Medical Imaging (SDMI) is the exclusive freestanding Provider for outpatient radiology. Physicians who have the ability to perform radiology studies in their office may do so as per their 2015 Trust contract. Preauthorization requirements will apply (see above). Trust patients are required to pay a 20% co-insurance of all allowable charges when NOT using SDMI. All services have a \$0 co-insurance at SDMI except for CT, MRI, and PET Scans (\$50, \$75, and \$200).

### **PATIENT CENTERED MEDICAL HOME PROVIDER CHANGES:**

A teacher may change their designated qualified Patient Centered Medical Home (PCMH) provider once each quarter. A request made in the second quarter will take effect in the following third quarter (certain exceptions may apply) and will affect per patient/per month payment for qualified PCMH providers. The provider change request form is available on the Trust website. The most frequent reason for change of provider is poor access for the member.



**REFERRAL POLICY AND par8o DEADLINES:**

All referrals should be sent via the electronic par8o system by the Patient Centered Medical Home provider, or for previously established specialist physician relationships, through a WellHealth Healthcare Advocate (see above). The month of April will be transitional and financial penalties for Trust patients with no referral may begin May 1, 2016. Referrals are for one-year duration. For questions regarding par8o, call Stacey Sarmiento at **(702) 481 5264** or email [stacey@par8o.com](mailto:stacey@par8o.com).

The WellHealth Healthcare Advocates may issue a par8o referral for pre-existing relationships with specialists for services that occurred in 2015 through the present date by downloading the application form. The request form can be obtained by the member by going to the Teachers Health Trust website at [www.teachershealthtrust.org](http://www.teachershealthtrust.org), by calling an Advocate at **(855) 404 9355** or by emailing [advocates@wellhealthqc.com](mailto:advocates@wellhealthqc.com).

**Ob/Gyn and Pediatric providers** who do not have access to the par8o system should make referrals through their normal, routine channels. **Teachers will NOT be penalized with higher co-pays and the specialist visit will be paid AS IF the referral was issued through par8o until the offices have access to the par8o electronic system.** Ob/Gyn and Pediatric providers will be notified and trained on par8o during the 3rd quarter of 2016. If you have questions, please call Stacy Sarmiento at **(702) 481 5264** or email [stacey@par8o.com](mailto:stacey@par8o.com).

All other Specialty providers are considered "Receiving" offices for referrals. Receiving offices will be trained on par8o during late 2016 and into 2017. These offices do not send referrals for the Performance Plus Plan.

**Provider Relations/Credentialing:**

Please be advised that as of April 1st, 2016, the Teachers Health Trust credentialing/re-credentialing application is no longer being accepted. The WellHealth credentialing application is available on both the WellHealth and Teachers Health Trust websites.

The Teachers Health Trust's Add, Change, Termination (ACT) Form will also no longer be available. The WellHealth ACT Form can be found on the WellHealth and THT websites (under forms). If you have any questions or concerns, you can email Provider Relations at [networkrelations@wellhealthqc.com](mailto:networkrelations@wellhealthqc.com) or call **(702) 866 6162**.

**Quick Contacts:**

General Inquiries: (702) 866 6163  
 Contracting: (702) 466 5313  
 Provider Listing & Roster: (702) 866 6162  
 par8o: (702) 481 5264  
 Member Eligibility Verification: (702) 866 6160  
 Member PCP Verification: (702) 866 6163  
 CMO - Keith Boman MD, FACC: (702) 205 7752  
 Apple Tidbits

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